

[A Low-Calorie Sports Drink For Physically Active Women That is Fortified with Iron, Calcium and Essential Vitamins for Use in Rehydration and Replacing Electrolytes Lost During Periods of Physical Activity]

Abstract

The present invention provides a low-calorie, hypotonic sports drink composition for physically active women that can be administered orally to provide water and electrolytes lost during physical exertion as well as provide essential vitamins and minerals in the form of iron and calcium to physically active women.